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that such changes and modifications be covered by the appended claims.

What is claimed is:

1. A liquid nutritional product comprising:  
a protein source that provides at least 15% of the total  
caloric content of the product, the protein source  
including caseinate and hydrolyzed soy; and  
the product having a caloric density of at least 2.25  
calories per ml and a viscosity of 100 centipoises or  
less.
2. The nutritional product of claim 1 wherein the protein  
source includes soy protein isolate.
3. The nutritional product of claim 1 including a prebiotic.
4. The nutritional product of claim 1 wherein the protein  
source comprises at least 90 grams per liter of product.
5. The nutritional product of claim 1 including a fat source  
comprising at least 50% of the caloric content.
6. A liquid nutritional product comprising:  
a protein source that provides at least 16% of the total  
caloric content of the product and includes caseinate  
and hydrolyzed soy protein isolate;  
a fat source comprising at least 40% of the caloric content;  
a carbohydrate source comprising at least 25% of the  
caloric content; and  
the product has a caloric content of at least 22.5 calories  
per ml and a viscosity to 100 centipoises or less.

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7. The liquid nutritional product of claim 6 wherein the caseinate and soy protein isolate is present at a ratio of approximately 75:25 to about 50:50.

8. The liquid nutritional product of claim 6 including a prebiotic.

9. The liquid nutritional product of claim 6 including a fat source comprising at least 40% of the caloric content.

10. The liquid nutritional product of claim 6 including a carbohydrate source comprising at least 25% of the caloric content.

11. A liquid nutritional product comprising:

a protein source that provides at least 16% of the total caloric content of the product and includes caseinate;  
a fat source comprising at least 40% of the caloric content;  
a carbohydrate source comprising at least 25% of the caloric content; and

the product has a caloric content of at least 2.25 calories per ml.

12. The liquid nutritional product of claim 11 wherein the product has a viscosity of 100 centipoises or less.

13. The liquid nutritional product of claim 11 wherein the product provides 90 grams of protein per liter or less.

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